



# Ready to quit smoking?

We are excited to provide a program geared for smokers who are interested in quitting smoking.

## **Come to the 4 meetings to learn about:**

- How quitting smoking may improve your health
- How much money you can save for other needs
- How to quit!

If you are interested in enrolling in the 4-week Beat the Pack program, please fill out the information requested below.

We congratulate you on taking this important step to improve your health!

Full Name

### E-mail Address

## Phone Number



Full Name

### E-mail Address

## Phone Number



**Full Name**

### E-mail Address

## Phone Number